

FEBRUARY 2023

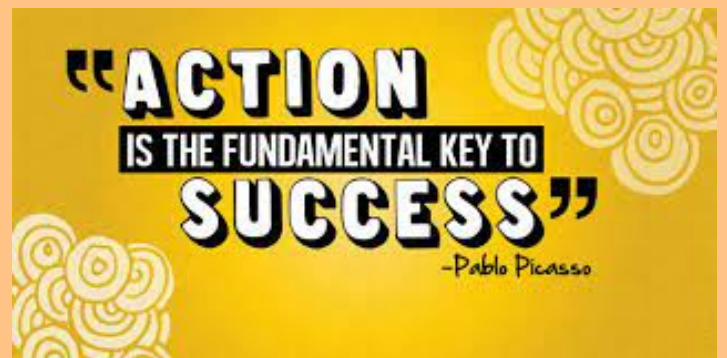


gp COUNSELING CORNER



Keys to Academic Success

Many times, the third quarter is when we see grades starting to slide. The weather is starting to get nicer, students may be getting tired of their classes, and grades start to drop. Academic success is very important and can be a predictor of future success. In order to keep the momentum, here are some keys (on the following page) to academic success as shared by the Atlanta Metropolitan State College website. Remember, your counselors are also here to help you in your academic success.



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Accept Responsibility

Remember that you alone are responsible for your academic achievement. Your teacher is your guide and your classmates may help you to understand your assignments; however, you are responsible for your own success.

Manage Your Time

Manage your time well, so that you allow time for your personal responsibilities and time to study. Remember procrastination is a subtle thief that will steal your academic success.

Help Yourself then Ask For Help

If you are not keeping up in class, do all that you can do to help yourself to improve your academic performance. (For example: increase your study time, form a study group, study with a partner, and use all support services available to you.) If you continue to experience difficulty, talk to your teachers to talk about your academic performance.

Communicate with Teachers

If you cannot come to class because you are ill, notify the office and your instructors. Try to make arrangements to make up your missed assignments.

Diligently Work until the End

Do not slow down after mid-semester. Work harder than you did at the beginning of the semester. Sustain your hard work until the end of the semester.

Discipline Yourself

Discipline yourself to study everyday at least two hours or until you understand your assignment. Study to know and to understand, not merely to get a particular grade.

Stay Ahead

Stay one or more chapters ahead in reading your textbook.

Be Present & Prompt

Avoid being absent or tardy. You are required to attend classes from the first day that classes begin for the semester. Good attendance will give you first-hand knowledge of your teachers' comments and responses to questions.

Don't Quit

Do not stop coming to class or school because of a personal crisis, problem, or frustration. GP faculty and staff can help you determine how to manage or cope with these situations.

Do your Best!

Only your best is good enough. Strive for "A's" and "B's," even if you have never earned "A's" and "B's."

Stay Focused

Focus on your academic goals. As far as possible, eliminate negative influences and distractions that may prevent you from reaching your goal.

